

Mulligan Stew: the Great Nutrition Turn On

(Mulligan) Do you know what vitamin is added to foods to make sure you get a well-balanced diet?

(Girl) Vitamin A?

(Mulligan) Nope.

(Boy) Vitamin B1?

(Mulligan) Nope.

(Boy) Vitamin B2?

(Mulligan) Nope.

(Frog) Don't you say anything but nope?

(Mulligan) Nope.

(Man) you posed a riddle, which extra vitamin does one need if he's eating a well-balanced diet?

(Mulligan) That's right.

(Man) Vitamin C?

(Mulligan) Nope.

(Man) Nope?

(Muppet) Nope, nope.

(Kids) Vitamin E?

(Mulligan) Nope.

(Man) Vitamin K?

(Duck) Nope, dummy.

(Man) What is it?

(Mulligan) Vitamin D.

(Man) Really? Vitamin D, it must have slipped my mind.

(Girl) How many food groups are there in a daily balanced diet?

(Frog) Uh, 11?

(Man) It's gotta be here somewhere.

(Girl) four.

(Frog band) Milk Group. Meat Group. Fruit and Vegetables Group. Bread and Cereals Group. That's a balanced diet. Doowah.

(Girl) I'm Maggie.

(Girl) I'm Mickey.

(Boy) I'm Mike.

(Boy) I'm Manny.

(Mulligan) And I'm Mulligan.

(All) And we're Mulligan Stew, yeah!